**Input paper: [[1]](#footnote-1) VTS58-10.1.5**

**Input paper for the following Committee(s):** **Purpose of paper:**

(Select as appropriate)

ARM  ENG  PAP  Input

ENAV VTS  Information

**Agenda item** [[2]](#footnote-2) 10.1

**Technical domain/ Task number** 2 Task 3.1.1 – Develop guidance for dealing with stress or trauma in VTS operations

**Author(s)/Submitter(s)** IG 3.1.1

Report of the Intersessional group activity on task 3.1.1 – develop guidance for dealing with stress or trauma in vts operations

# Summary

The IALA VTS Committee has been tasked with providing a new guidance for dealing with stress or trauma in VTS operations. The goal is to present a new Guideline that establishes support for VTS personnel that have handled a significantly stressful or traumatic incident.

## Purpose of the document

To brief the participants of VTS58 on the progress that was made on the development on the guidance for dealing with stress or trauma in VTS operation.

## Related documents

* VTS56-10.4.4 Task 3.1.1 - Pilootproject psychosociale gezondheid VTS operatoren
* VTS56-10.4.2 Proposal to Develop Guidance for Dealing with Stress or Trauma in VTS Operations
* VTS56-10.4.1 Input Paper - Fintraffic - Guidance for dealing with stress or trauma in VTS operations
* VTS57-10.1.4.1 Draft Revision Task 3.1.1 Guidance for dealing with stress and trauma in VTS operations
* VTS57-10.1.4 Report of IG on Task 3.1.1

# Discussion

The Task Group met two times between VTS57 and VTS58. The ITG worked on the skeleton (outline) for the upcoming guideline during VTS57, and work has followed on deciding what to cover and what to skip in the guideline.

Relevant material has been shared and received from members of the WG3.

The following points were noted during the sessions:

* The document requires input from experts, for the committee to use relevant terms throughout the guideline.
* The ITG senses a risk that the guideline will be too theoretical, and therefore not fulfil its purpose. It’s crucial that the guideline works beneficially for the readers, it’s not intended as a highly theoretical medical article.

## Summary Points

The skeleton for the Guideline was discussed and agreed upon during VTS57. The ITG has worked with gathering material for the guideline and will next agree upon what to include and what to skip.

***Agreement***

* *While based on the science, the Guideline will focus on practical content so that it benefits the users in an easy to understand the context.*
* *The concepts of stress and trauma will be separated, to give a better perspective and understanding of these.*
* *The cause for stress and trauma must be covered, but in simple terms.*

***Guiding principles****:*

* *Use existing data and materials as references.*
* *Clearly use international terms to ensure that the terminology is familiar for the reader.*

# Outcomes

The intersessional work has focused on gathering and rewording material that works for the Guideline, VTS58 will

Committee members are requested to review the draft for the Guideline and provide input to VTS58 for review by WG3. It is noted that this item is due for completion at VTS60.

# Action requested of the Committee

The Committee is requested to:

1. note the draft guideline for task 3.1.1 – Develop guidance for dealing with stress or trauma in VTS operations.
2. provide input on the draft for consideration by WG3 at VTS58.

# attachments

* VTS58-10.1.5.1 Draft Revision Task 3.1.1 Guidance for dealing with stress and trauma in VTS operations.

1. Input document number, to be assigned by the Committee Secretary [↑](#footnote-ref-1)
2. Leave open if uncertain [↑](#footnote-ref-2)